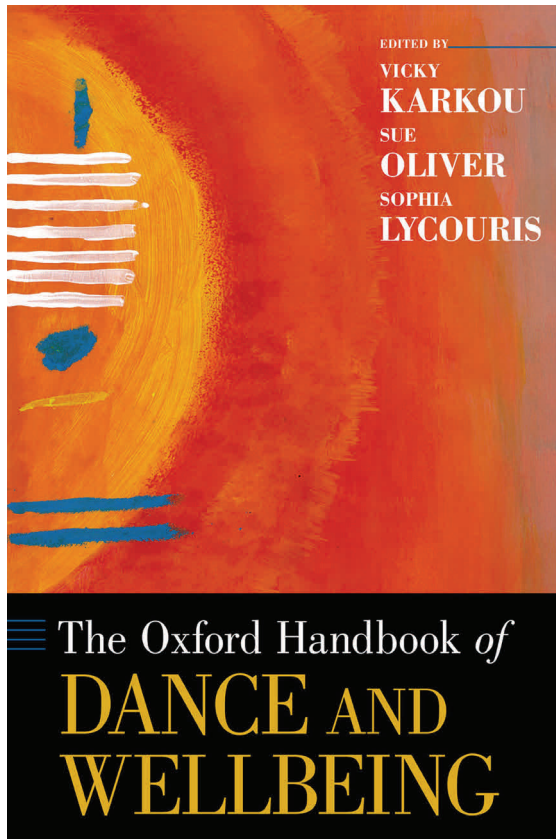


# FORTHCOMING FROM OXFORD

## THE OXFORD HANDBOOK OF DANCE AND WELLBEING

Edited by Vicky Karkou, Sue Oliver, and Sophia Lycouris



In recent years, a growth in dance and wellbeing scholarship has resulted in new ways of thinking that place the body, movement, and dance in a central place with renewed significance for wellbeing. *The Oxford Handbook of Dance and Wellbeing* examines dance and related movement practices from the perspectives of neuroscience and health, community and education, and psychology and sociology to contribute towards an understanding of wellbeing, offer new insights into existing practices, and create a space where sufficient exchange is enabled. The handbook's research components include quantitative, qualitative, and arts-based research, covering diverse discourses, methodologies, and perspectives that add to the development of a complete picture of the topic. Throughout the handbook's wide-ranging chapters, the objective observations, felt experiences, and artistic explorations of practitioners interact with and are printed alongside academic chapters to establish an egalitarian and impactful exchange of ideas.

SAVE  
30%!

September 2017

Hardcover

1000 pages

978-0-19-994929-8

~~\$175.00~~ \$122.50

~~£115.00~~ £80.50

.....  
**Professor Vicky Karkou** holds a Chair of Dance at Edge Hill University leading the research theme of arts and wellbeing.

**Dr Sue Oliver** works freelance in community dance. Her PhD thesis explored creative dance and social wellbeing for adolescents.

**Dr Sophia Lycouris** is an academic interested in interdisciplinary research methodologies and research by creative practice. Her academic projects on movement and new technologies have been funded by research councils and her artistic work has been presented in the UK, Europe and USA.

**OXFORD**  
UNIVERSITY PRESS

Order online at [www.oup.com](http://www.oup.com) with promotion code AAFLYG6 to save 30%!