

American Psychological Association Convention

San Francisco, August 9-12, 2018 convention.apa.org

Special Interest Convention Programming

This year's APA Convention features a very special collaboration between Division 10 Society for the Psychology of Aesthetics, Creativity, and The Arts Special Interest Programming (SIP) in Creative Arts in Psychology and Therapy, with staff from the National Endowment for the Arts. I am delighted to be part of this collaboration in conjunction with the "Psychotherapy and the Arts" special interest group (SIG) of Division 32.

The creative arts feature in therapy as well as in health and wellbeing, in public policy and in education and training, to name a few applications that show the breadth and depth of creative arts in psychology and therapy. Division 10 and the NEA worked closely with specially chosen program chairs and division presidents to ensure as wide reach as possible.

Below is the complete program for the collaboration followed by Dr. Serlin's program schedule. Please also consider joining us at 4PM on Friday, August 10, as Dr. Serlin receives the Rollo May lifetime achievement award from Division 32.



CREATIVE ARTS in PSYCHOLOGY and THERAPY 2018 Special Interest Convention Programming

Co-Chairs: Mary Gregerson, Div 10 President Elect, mary.gregeson@aol.com, Allyn Enderlyn, Div 10 Treasurer Elect, drallynenderlyn@gmail.com; Guest Co-Chair: Bill O'Brien, National Endowment for the Arts, obrienb@arts.gov

Detailed Overview

(Abstracts available at APA online program: http://www.apa.org/convention/program-search.aspx)

Thursday, August 9, 2018

A. 10:00 to 11:50am, Cognitive and Emotional Creativity Link to Post-Traumatic Growth after Traumas

Moscone 2004, Level 2-West Building

Co-Chairs: Alicia Rozycki, Naval Hospital Jacksonville and Division 19 Military Psychology Representative; and Bill O'Brien, National Endowment for the Arts

Participants:

- Hod Orikibi, The University of Haifa, "Creativity and Posttraumatic Growth"
- Juliet King, University of Indiana School of Medicine, "Art Therapy, Trauma, and Neuroscience"
- Ilene Serlin Independent Practice, "Use of Dance/Movement Therapy to Work with Trauma"
- Robert Karol, Karol Neuropsychological Services and Consulting, "The Quest for Identity and Meaning through Art after Experiencing Brain Trauma"
- Cecilia Guerra, Independent Practice, San Angelo, CA, "The 'Hands' Project: Because You Inspired Me to You're your Stories"

Co-Discussants: Richard Parker, US Army, Ft. Eustis, VA, and Melissa Walker, Walter Reed National Military Medical Center Sponsor: APA Collaborative Programming Group; Collaborating Divisions: Div 56 Trauma, Primary; Div 10 Aesthetics, Creativity and the Arts, Div 17 Counseling; Div 19 Military; Div 32 Humanistic

B. 10:00 - 10:50am, Arts-Based Interventions for Youth with Autism: A Focus on Dance, Music, Theater, and Visual Art, Moscone Room 2003 Level 2-West Building

Co-Chairs: Melissa Menzer, National Endowment for the Arts and V. Mark Durand, University of South Florida and 2018 Program Chair Div 33 Intellectual and Developmental Disabilities/Autism Spectrum Disorders *Participants:*

- Miriam Lense, Vanderbilt Music Cognition Lab. "Musical and Social Engagement in Autism Spectrum Disorder"
- Rob Horowitz, Columbia University, "The Effects of Arts Instruction on the Social-Emotional Development of Children with Disabilities"
- Ah-Jeong Kim, California State University, Northridge, "Joining the Spectrum: An Interdisciplinary Theater Intervention for Autism Diagnosed Teens"

Discussant: Elizabeth Laugeson, UCLA

Sponsor: Div 33 Intellectual and Developmental Disabilities/Autism Spectrum Disorders. *Co-listers:* Div 7 Developmental, Div 10 Aesthetics, Creativity and the Arts, Div 22 Rehabilitation, Div 38 Health Psychology, Div 54 Pediatric Psychology

C. Noon to 12:50pm, **Neuroscience of Creative Expression**, Moscone 156 Level 2-West Building

Co-Chairs: Hod Orkibi, University of Haifa and Susan Magsamen, Johns Hopkins University

Participants:

- Juliet King, University of Indiana School of Medicine, "Art Therapy and Neuroscience"
- Linda Maguire, Johns Hopkins University and George Mason University, "Music as Medicine: The Prescription iPod Music Model"

Co-Discussants: Bill O'Brien, National Endowment for the Arts, and Katherine Parker, A Caring Hand, NY, NY

Sponsor: Collaborative Programming Group (CPG);

Collaborators: Primary: Div 10 Aesthetics, Creativity, and the Arts; Div 1 General; Div 03 Experimental; Div 20 Adult Development and Aging; Div 21 Engineering and Experimental Psychology, and Div 46 Media Psychology & Technology.

D. 1:00 - 1:50pm, International Conversation on Creative Arts Approaches for Working with Those with Serious Mental Illness Moscone 312 Level Three-South Building

Chair: Ilene Serlin, Union Street Health Associates *Participants:*

- Meera Rastogi, University of Cincinnati, "Art Therapy Groups with People with Serious Mental Illness and Adults with Dementia"
- Diana Semmelhack, Midwestern University, "Fine Arts
 (Particularly Performance Art) with Severely Mentally Ill
 Institutionalized Individuals Most of Whom have
 Experienced Severe Trauma"
- Hod Orkibi, The University of Haifa, "Integrated Arts-based Groups in the Community for the Rehabilitation of Adults with Serious Mental Illness"
- Laura Wood, Malloy College, "Co-Active Therapeutic Theater

Model to Support Clients in Their First Year of Eating Disorder Recovery from Higher Levels of Intensive Care"

Discussant: Ani Kalayjian, Columbia University

Sponsor: Div 32 Humanistic Psychology. Co-Listers: Div 22 Rehabilitation Psychology, Div 10 Aesthetics, Creativity, and the Arts, Div 42 Independent Practice, and Div 52 International Psychology

E. 2:00 - 3:50PM, Consulting, Collaboration, and Credentialing: Psychologists Partnering with Creative Arts Therapists

Moscone 2007, Level 2-West Buildingg

Co-Chairs: Jeffrey Smith, Otago University and Bill O'Brien, National Endowment for the Arts

Panel Participants:

Creative Arts Therapies Professional Association Presidents:

- Laura Wood, President Elect-North American Drama Therapy Association
- Drama Therapy, "Drama Therapy: Regulation, Advocacy, Licensure"
- Jennifer Geiger, President American Music Therapy Association
- Music Therapy- "Music Therapy: Education/Training, Exams, Credentials, Standards"
- Donna Betts, President American Art Therapy Association
- Art therapy "Art Therapy: Membership, Advocacy, Continuing Education, Networking, Research"

Practitioners:

Gioia Chilton and Rebecca Wilkinson, Creative Wellbeing Workshops
"Positive Art Therapy Theory and Practice: Integrating Positive
Psychology with Art Therapy"

Co-Discussants: Ilene Serlin, Union Street Health Associates and Ronna S. Kaplan, Executive Director National Coalition of Creative Arts Therapies Associations

Co-Sponsors: Div 18 Public Service and Div 10 Creativity, Aesthetics, and the Arts

F. 2:00 - 2:50pm, Poster Session, Moscone Halls ABC

- Jacob Hyde, University of Denver, Scotty Hanley, Naomi Spilka, Michael Vollmer, "Designing a Photography Curriculum to Enhance Psychological Mindedness in Military/Veterans"
- Barbara Kerr, and Jonathan D. Wright, University of Kansas, "Creative Adolescents Are More Neurotic and Introverted

Than 10 Years Ago"

Bracha Azoulay, The University of Haifa, and Hod Orkibi, University of Haifa, The University of Haifa, "The Four Phase CBN Psychodrama Model - A Manualized Approach for Practice and Research"

Sponsor: Div 10 Psychology of Aesthetics, Creativity and the Arts

G. **Division 10 Student Social Hour**, location to be determined, RSVP sent later via Division 10 ListServ.

Friday, August 10, 2018

H. 10:00am to 10:50am, Poster Session: Building International Partnerships for Psychology, People, and the Planet, Part 1, Moscone Halls ABC Exhibition Level-South Building Barbara Kerr, University of Kansas, "An International Look at Creative Arts Interventions with Youths and Young Adults" Sponsor: Div 52 International Psychology; Co-Lister: Div 10 Aesthetics, Creativity, and the Arts; Div 17 Counseling

I. 11:00 - 11:50am, **Creative Expressive Arts and Everyday Life** Moscone Center 313 Level Three-South Building *Chair:* Pamela McCrory, Independent Practice, Los Angeles, CA *Participants:*

- Tobi Zausner, Independent Practice, New York City, "Everyday Art that Led to Professional Careers"
- Terri Goslin-Jones, Saybrook University, "**The Wonder of Work**" *Discussant*: Ruth Richards, Saybrook University *Sponsors*: Div 10 Aesthetics, Creativity and the Arts; *Co-listers*: Div 13 Consulting; Div 42 Independent Practice, and Div 17 Counseling
- J. 4:00 4:50pm, **Poster Session**, Moscone Center Halls ABC
 - Scotty Hanley and Jacob Hyde, University of Denver,
 "Psychologically Minded Language and Homework Assignments in a Photography Curriculum"
 - Naomi Spilka and Jacob Hyde, University of Denver, "Traumainformed Teaching Methods in a Photography Curriculum for Military/Veterans"
 - Michael Vollmer and Jacob Hyde, University of Denver, "CBT-based Language and Metaphors in a Photography Curriculum

Targeting Creativity and Functioning"

- Courtney Hess and Ian Levy, University of Massachusetts, Boston,
 "Use of a Community-based Hip Hop Spoken Word Therapy Program for Socio-emotional Development among Youth"
- Reva C. Friedman, The University of Kansas, "New Technologies and Popular Media Facilitate Creative, Critical Thinking: Metaphor/personal Narratives Develop Identity Statements"
- Ronna S. Kaplan, "The Creative Arts Therapies in Clinical Services: An Overview and Comparison of Client-Centered Experiences"

Sponsor: Division 10 - Psychology of Aesthetics, Creativity and the Arts

K. 4:00 - 5:50pm, Crucial Creative Arts Town Hall and Innovative Blitz Talks -Arts for Art vs. Arts for Therapy, Moscone 208 Level 2-South Building

Co-Chairs: Mary Gregerson, Heartlandia Psychology and Bill O'Brien, National Endowment for the Arts

Participants:

Arts as Art (AA)

- AA: Jacob Hyde, University of Denver, "Multi-disciplinary Design of a Photography Curriculum to Foster Creativity in Military/Veterans"
- AA: Ruth Richards, Saybrook University, "Paula Jeanine Bennett and Collaborators: Drums and Music Bridging Worlds"
- AA: Stacia Dreyer, Arizona State University, "Psychology and Theatre: Exploring the Science of Changing Your Mind through Short Plays"
- AA: Jessica V. Strong, Veterans Administration Boston Healthcare System, "Lessons from Older Adult Musicians on How to Stay "Sharp""
- AA: Rachel Wu, University of California, Riverside, "Why Learning New Artistic/Creative Skills May Increase Cognitive Functioning across the Lifespan"
- AA: Lisa Vallejos, Independent Practice, "Books that Heal Youths"
- AA: Rebecca Wilkinson, Creative WellBeing Workshops, "Adult Coloring—If it Ain't Art and It Ain't Therapy, What Is It?"
- AA: Barbara Kerr, University of Kansas, "Gender and Genius in

Creative Fields"

Arts as Therapy (AT)

- AT: Mosi Williams, Petaluma, CA Heath Center, ""It's Not Over until I Win!" Psychodrama Intervention after Devastating Sports Loss for Youths"
- AT: Ian Levy, University of Massachusetts—Boston, "**Hip Hop and Spoken Word Therapy, A Culturally Responsive Approach to Urban Youths**"
- AT: Valencia Montgomery, UCLA, "Aging and Dementia"
- AT: Linda Maguire, George Mason University, "Neuromusicology and "Music as Medicine": Physiology & the Mirror Neuron System"
- AT: David Coon, Marianne McCarthy, Robin Rio, Michael Todd, and Valerie Bontrager, Arizona State University, "Delivery of a Community-Level Music-Based Intervention for Long-Term Care Residents with Dementia"
- AT: Sriya Bhattacharyya, Boston College, "Post-traumatic Growth through Creative Arts and Theater Groups for Human Trafficking Survivors"
- AT: Katherine Parker, A Caring Hand, NYC, "Art Therapy Bolsters Neuroplasticity during Rehabilitation After a Stroke"
- AT: Bracha Azoulay, University of Haifa, "CBN Model (Cognitive-Behavioral-Narrative) in Psychodrama and Creative Arts with Teens at Risk"
- AT: Cecilia Guerra, Independent Practice, San Angelo, TX, "The 'Hands' Project: Photos of Meaning and Memory"
- AT: Rebecca Zarate, Lesley University, "The Sounds of Anxiety: A Critical Social, Trauma-Informed Discussion on Music Therapy with Youth"

Co-Discussants/Judges Panel:

Ballot Tabulation: Annika Wooton, Kansas Alliance for Arts in Education Judge Coordinator:

- Donna Betts, George Washington University
- Jennifer Geiger, American Music Therapy Association
- Melissa Menzer, NEA Research Staff
- Juliet King, Indiana University School of Medicine
- Emily Valente, Columbia University

- Sydney K. Morgan, 2018 APA Graduate Students Program Chair
- Laura Wood, North American Drama Therapy Association
- Susan Magsamen, Johns Hopkins University
- Melissa Walker, Walter Reed National Military Medical Center

Co-Sponsors: APA Committee on Early Career Psychologists and Div 10 Aesthetics, Creativity and the Arts.

Co-listers: Div 1 General; Div 20 Adult Development and Aging; Div 32 Humanistic; Div 42 Independent Practice; APA Graduate Students Committee

L. 6:00 - 8:00pm, **Town Hall Blitz Award Ceremony and Social Hours**, Marriott Marquis/Yerba Buenas Salons 13 and 14 Lower B2 Level. Please RSVP at

https://docs.google.com/forms/d/e/1FAIpQLSck-UYl9WZHTxRQo-n5OZexOAe1Pvwnz3QfF2PGGSbSzqw_w/viewform?usp=sf_link

Saturday, August 11, 2018

M. 9:00am - 9:50am, **Wonder Woman and Women in Film: Heroism, Egalitarianism and Advocacy**, Moscone Room 306 Level
Three-South Building

Co-Chairs: Christopher Ferguson, Stetson University and Mary Gregerson, Heartlandia Psychology

Participants:

- Dana Klisanin, Evolutionary Guidance Media
- Christopher Ferguson, Stetson University

Sponsor: Div 46 Media Psychology & Technology; Co-listers: Div 09 SPSSI, Div 10 Psychology of Aesthetics, Creativity and the Arts

N. 11:00– 11:50am, **Innovation Driving the Arts and Sciences toward the Horizon of Psychology** Moscone 305 and 309 Level 3-South Building

Co-Chairs: APA President Elect Rosie Phillips Davis (Bingham), Memphis University and Mary Gregerson, Heartlandia Psychology Participants:

- Bill O'Brien, National Endowment for the Arts, "See the Wind, Hoist Our Sails!"
- Patrick DeLeon, Past APA President and USUHS, "The Future Ain't What It Used to Be"
- David Coon, Marianne McCarthy, Robin Rio, Michael Todd,

Marielysse Cortes, Valerie Bontrager, Richard Montague, and Mary Burleson, Arizona State University "A Unique Community-Level Music-Based Intervention for Long-Term Care Residents with Dementia"

• Richard H. Parker, US Army, Ft. Eustis, "Can Army Psychology Innovation Move to the Front Burner?"

Co-Sponsors: Div 18 Public Service and Div 10 Aesthetics, Creativity and the Arts; Co-listers: Div 1 General; Div 19 Military; Div 32 Humanistic

- O. Noon 12:50pm, **Creativity, Chaos, and Non-Linear Thinking in Mind and Life**, Moscone 206, Level 2-South Building *Co-Chairs:* Ruth Richards, Saybrook University and David Schuldberg, Saybrook University *Participants:*
 - David Schuldberg, Saybrook University, "Mysteries of Healthy Human Systems"
 - Ruth Richards, Saybrook University, "Chaos, Creativity, Complexity, and Healthy Change"
 - Mary Gregerson, Heartlandia Psychology, Leavenworth, KS; Juliet King, University of Indiana School of Medicine; Allyn Enderlyn, Webster University, Geneva Switzerland; Annika Wooton, Kansas Alliance for Arts Education, "The Synchronous Systems Approach to Creating a Life of Meaning"
 - Shan Guisinger, Independent Practice, Missoula, MT, "Instincts, Tipping Points, and Deterministic Chaos: Evidence for Humans' Nature"
 - Tobi Zausner, Independent Practice, NY, NY, "Embracing the Infinite: Creativity and the Nonlinear Self"

Discussant: Stanley Krippner, Saybrook University Sponsor: Div 32 Humanistic; Co-Lister: Div 10 Aesthetics, Creativity, and the Arts

P. 4:00 - 5:50 pm, "Innovative Video and Experiential Format: Psychologist as Artist and As Creative Arts Therapist, Moscone 2001 Level 2-West Building

Co-Chairs: V.K. Kumar, West Chester University of Pennsylvaniaand June Wilson, Independent Practice, San Rafael, CA Participants:

• Ilene A. Serlin, Independent Practice, San Francisco, CA, "Creative Expressive Arts: Psychologist As Artist and Therapist"

- Alan D. Entin, Independent Practice, Richmond, VA, "The Artful Practitioner: A Video of Personal, Professional, and Artistic Growth"
- Diana Semmelhack, Midwestern University, "Capturing the Essential Healing Power of Positive Social Interactions in Psychodrama"
- Julie M. Levitt, Independent Practice, Bala Cynwyd, PA, "Painting and Its Effect on Living and Thinking Well"
- James C. Kaufman, University of Connecticut, "Discovering Magenta: Interplay Between Creative Arts and Psychology"
- Phyllis Koch-Sheras, Independent Practice, Charlottesville, VA, "Singing From the Heart"
- Linda Maguire, George Mason University, "Neuromusicology and Music As Medicine: Physiology Mirroring in Multimedia Interventions"
- Judy Kuriansky, Teachers College, Columbia University, "Music and Art for Healing After Crises and Disasters"
- Ellen K. Baker, Independent Practice, Washington, DC, "Creative Self-Care for Therapists"

Co-Discussants: Bill O'Brien, National Endowment for the Arts and Daniel L. Benkendorf, New York Fashion Institute of Technology Co-Sponsors: APA Division 46 Media Psychology & Technology and Division 10 Aesthetics, Creativity, & the Arts

Q. 6:30 to 9:30pm, **Division 10 Social Hours**, The Thirsty Bear, 661 Howard Street, San Francisco, CA. Cash bar and light hors d'oeuvres. Please RSVP:

https://docs.google.com/forms/d/e/1FAIpQLScZwz2_okcmv5L7d9xORO4 IMXvetMOkO1DGJLQHi6wocQxfnA/viewform?usp=sf_link

Sunday, August 12, 2018

R. 10:00 - 10:50am, Paper Session: Creativity Development in Youth and Art Education Moscone 208 Level 2-South Building Annika Wooton, Kansas Alliance for Arts Education, and Mary Gregerson, Heartlandia Psychology, "The Kansas Story: To Keep Arts in Education, Localities Rally to Counter State and Federal Cuts"

S. 10:00 - 10:50am, Innovative Arts- and Media-Based Approaches in Promoting Health and Well-Being for Older Adults, Moscone Center 2006 Level 2-West Building

Co-Chairs: Melissa Menzer, National Endowment for the Arts and Tina Salva, Professor, Virginia Tech and 2018 Division 20 Adult Development and Aging Program Co-Chair

Participants:

- Julene Johnson, University of California, San Francisco; Christina Chui, Independent Practice; Ofelia Villero, University of California, San Francisco; Theresa Allison, University of California, San Francisco; Anna M Nápoles, University of California, San Francisco; Julene Johnson, University of California, San Francisco, "A Study on the Impact of a Choir Intervention on Mood in Older Adults with Depressive Symptoms"
- Jinsil Hwaryoung Seo, Texas A&M University, "Developing an Interactive Art Workshop Program to Improve Older Adults' Health and Well-Being"
- John Zeisel, Hearthstone Alzheimer Care, Ltd., "Ecopsychosocial Engagement Replacement Therapy: Using Iconic Films to Reduce Dementia Symptoms"

Discussant: Valencia Montgomery, UCLA

Sponsor: Div 20 Adult Development and Aging

Co-Listers: Div 10 Aesthetics, Creativity, and the Arts, Div 17 Counseling, Div 22 Rehabilitation, Div 40 Clinical Neuropsychology, Div 49 Group Psychology and Group Psychotherapy

APA presentations by Ilene A. Serlin, Ph.D., BC-DMT

Thursday, August 9, 2018

10-11:50 AM, Moscone Center, Room 2004

Session Title: Cognitive and Emotional Creativity Fosters
Posttraumatic Growth for Various Traumatized Populations

Clinical trials demonstrate that creative arts effectively treat trauma, and the beneficiaries have included traumatized populations like the military and their families. This litmus test points to future directions.

CPG—Central Programming Group

1:00-1:50PM, Moscone Center, Room 312

Session Title: International Perspectives on Mental Health, the

Arts, and Humanistic Psychology.

Chair: Ilene Serlin, Union Street Health Associates

Participants:

- Meera Rastogi, <u>rastogma@ucmail.uc.edu</u> University of Cincinnati: art therapy groups with people with SMI and adults with dementia
- Diana Semmelhack, <u>dsemme@midwestern.edu</u>) Midwestern University: fine arts (particularly performance art) with severely mentally ill institutionalized individuals most of whom have experienced severe trauma
- Hod Orkibi, horkibi@univ.haifa.ac.il) Haifa University: Integrated arts-based groups in the community contribute to the rehabilitation of adult individuals with serious mental illness.
- Laura Wood, lwood@molloy.edu Malloy College, Co-Active Therapeutic Theater Model to support clients in their first year of eating disorder recovery from higher levels of intensive care
- Monica L Mansilla, <u>mmansilla@relationalpath.com</u>, Relational Path Institute, HEART: Humanistic-Existential Approach to Relationship Therapy for couples

Discussants:

- Ani Kalayjian, PhD, Columbia University, 185 East 85th Street, New York, NY 10028 drkalayjian@meaningfulworld.com 201-941-2266
- Robert Karol, PhD, Karol Neuropsychological Services & Consulting, 574 Prairie Center Drive, Suite 135-162, Eden Prairie, MN 55344 karolneuropsych@aol.com (952) 314-5461

Collaboration among divisions 18, 10, 29, 42, 32 and 52

2:00-3:50PM Moscone Center, Room 2007

Session Title: Consulting, Collaboration, and Credentialing— Psychologists Partnering with Creative Arts Therapists

This Town Hall facilitates discussion between APA members and Creative Arts Therapies (CATs) professionals on how psychologists can effectively collaborate, consult and credential with CATs, represented here by music, drama, art, and dance therapies.

Co-Sponsors: Div. 18, 10, 13

4:00-5:50PM Moscone Center, Room 2001

Session Title: Innovative Video and Experiential Format— Psychologist as Artist and As Creative Arts Therapist

Psychologist as artist and practitioner attribute enhanced quality of life to creative expression. Experiential exercises and videos of artistic expression and use in therapy will be presented and discussed.

Co-Chairs: 2018 Div 46 President June Wilson, Div 46 e-zine Amplifier

Editor Krishna Kumar

Participants:

- Ellen Barker, Independent Practice, Washington, DC: experiential exercise in journal writing
- Alan Entin, Independent Practice, Richmond, VA: photography and music video
- Diana Semmelheck, Midwestern University: video of original psychodrama on Abraham Lincoln written and produced by those severely mentally ill
- Julie Meranze Levitt, Independent Practice, Philadelphia, PA: video of paintings
- James Kaufman, University of Connecticut: video vignette of original musical
- Judy Kuriansky, Columbia University, and musician Russell Daisy: video of music and crafts interventions in the aftermath of disasters
- Phyllis Koch-Sheras, University of Virginia: video of singing
- Ilene Serlin, Independent Practice: dance therapy video and experiential

Discussant: Daniel Benkendorf, Fashion Institute of Technology,

Sustainable Art

Co-Sponsors: Div. 10, 46

Friday, August 10, 2018

4:00-5:50 PM Moscone Center, Room 1001

Presidential Address and Award Ceremony Rollo May award

Please join us as Ilene Serlin receives the Rollo May award from Div. 32. *The Rollo May Award is given to an individual in recognition of distinguished lifetime contributions to humanistic psychology.*