

Whole Person Healthcare: The Spiritual Anatomy of Emotion

Chair: Ilene Serlin

Speaker: Michael Jawer

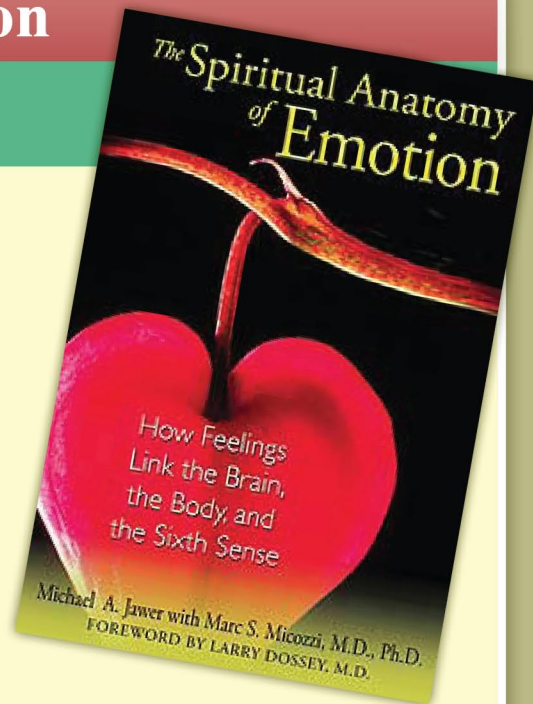
A book talk/signing in the Hospitality Suite of the
SOCIETY FOR HUMANISTIC PSYCHOLOGY

Co-sponsored by Psychotherapy and the Arts, Div. 32

Marriott Hotel and Marina, San Diego, CA

Thursday, August 12, 2010 -- 3:00 to 4:30 pm

Do you have clients who seem extraordinarily sensitive - who are highly reactive physically and emotionally, and who may be susceptible to 'psychosomatic' distress in the form of allergies, chronic fatigue syndrome, fibromyalgia, migraine, irritable bowel syndrome, and similar complaints?



Whole Person Healthcare understands the psyche as part of a whole that includes the body, other people, and forces larger than the self. In this workshop, author Michael Jawer provides a radical alternative to conventional psychology by showing how aspects of the psyche, particularly its ways of knowing, lie in what we feel in our bodies.

Evidence suggests that highly sensitive individuals become that way through a combination of nature and nurture. Not only are they more environmentally sensitive than the norm but also more suggestible, fantasy prone and have a more "thin boundary" personality overall. Intriguingly, these are the same people who are prone to anomalous perceptions and compelling spiritual experiences.

Could such predilections be explained through a close examination of our biological processes - the way our brains and bodies are linked and the flow of emotion that characterizes our existence? *The Spiritual Anatomy of Emotion* considers the whole person as key to a host of puzzling conditions.

The Spiritual Anatomy of Emotion has received strong reviews and endorsements from the likes of Andrew Weil, Larry Dossey, and Stanley Krippner. It has been the subject of articles and interviews in *Psychology Today*, *Spirituality & Health*, and *Advances in Mind-Body Medicine*. This workshop will enable psychology professionals to more fully consider the importance of body-based personality differences - and the role of emotion itself - in certain people's extraordinary sensitivities.

More information is available at
www.emotiongateway.com.

